



ACAA October Breakfast Menu



| Monday | Tuesday | Wednesday | Thursday |
|--|--|--|--|
| 1 | 2 | 3 | 4 |
| Chicken Taquitos Pears 100% Real Fruit Juice Box Choice of Milk | Cinnamon Toaster Cereal Peaches 100% Real Fruit Juice Choice of Milk | WG, French Toast w/Syrup Apples/Apple Sauce 100% Real Fruit Juice Box Choice of Milk | No School Fall Break |
| 8 | 9 | 10 | 11 |
| No School Fall Break | Bagel & Cream Cheese Fruit cocktail 100% Real Fruit Juice Box Choice of Milk | Cinnamon Oatmeal Oranges 100% Real Fruit Juice Box Choice of Milk | Banana Muffin Banana 100% Real Fruit Juice Choice of Milk |
| 15 | 16 | 17 | 18 |
| Sausage Pancake Wrap Apples/Apple Sauce 100% Real Fruit Juice Box Choice of Milk | Chocolate Chip Muffin Mandarin Oranges 100% Real Fruit Juice Choice of Milk | Waffles/Syrup Fruit cocktail 100% Real Fruit Juice Box Choice of Milk | Yogurt & Granola Banana 100% Real Fruit Juice Choice of Milk |
| 22 | 23 | 24 | 25 |
| Chicken Taquitos Pears 100% Real Fruit Juice Box Choice of Milk | Cinnamon Toaster Cereal Peaches 100% Real Fruit Juice Choice of Milk | WG, French Toast w/Syrup Apples/Apple Sauce Choice of Milk | (WG) Cinnamon Roll Oranges Choice of Milk |
| 29 | 30 | 31 | |
| Breakfast Burrito Apples/Apple Sauce 100% Real Fruit Juice Box Choice of Milk | Bagel & Cream Cheese Fruit Cocktail 100% Real Fruit Juice Box Choice of Milk | Cinnamon Oatmeal Oranges 100% Real Fruit Juice Box Choice of Milk | |

Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice. "5-A-Day For Better Health Plan" - 5 servings of fruits and vegetables, including: (A) one vitamin A, (C) one vitamin C, and (f) one high-fiber fruit or vegetable. (I) Foods with Iron served at least once each week. Market fresh produce served regularly includes: Apples, Bananas, Oranges, Carrot sticks, Cucumbers, Broccoli, and Celery Sticks

This institution is an equal opportunity provider and employer. Entrees are "Home Made" unless marked CN (a Child Nutrition labeled product)

ACAA October Lunch Menu

| Monday | Tuesday | Wednesday | Thursday |
|---|--|--|--|
| 1 All Beef Hot Dog WG Bun Ketchup/Mustard Pkt Cucumbers Apples/Apple Sauce Assorted Milk | 2 Chicken Dippers Corn Bread Dipping Sauce Green Pea Salad Oranges Assorted Milk | 3 Pizza Cheese/Pepperoni Caesar Salad Banana Assorted Milk | 4 No School Fall Break |
| 8 No School Fall Break | 9 Mac & Cheese (HS Dinner Roll) Bean Salad Banana Assorted Milk | 10 Pizza Cheese/Pepperoni Ranch Pkt Tossed Salad Pineapple Assorted Milk | 11 Sloppy Joe WG Hamburger Bun Ranch Pkt Carrots/Corn Salad Apples/Apple Sauce Assorted Milk |
| 15 Beef Nachos Tortilla Chips Cheddar Cheese/Salsa Pkt Re-fried Beans Peaches Assorted Milk | 16 Baked Chicken & Pasta Dinner Roll Mozzarella Cheese Green Pea Salad Banana Assorted Milk | 17 Pizza Cheese/Pepperoni Caesar Salad Oranges Assorted Milk | 18 Turkey Taco & Potato Wrap WG Tortilla (HS Cookies) Cabbage/Cheddar Cheese Cucumbers/Carrots Apples/Apple Sauce Assorted Milk |
| 22 Cheeseburger WG Bun, 3 Bean Salad, Apples/Apple Sauce Assorted Milk 1/2 Day no Lunch on Secondary campus | 23 Orange Chicken Seasoned Rice Celery, Oranges Assorted Milk 1/2 Day no Lunch on Secondary campus | 24 Pizza Cheese/Pepperoni Tossed Salad, Banana Assorted Milk 1/2 Day no Lunch on Secondary campus | 25 Pasta & Meat Sauce (HS Dinner Roll) Carrots/Potato Salad, Pears Assorted Milk 1/2 Day no Lunch on Secondary campus |
| 29 Meatball & Mozzarella Sub WG Bun Mozzarella Carrots Oranges Assorted Milk | 30 Chicken Alfredo (HS Dinner Roll) Corn Salad Banana Assorted Milk | 31 Pizza Cheese/Pepperoni Caesar Salad Pineapple Assorted Milk | |

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